Lunch and intermediate breaks should be taken with standard social distancing practices of 6 feet of separation being observed.

Wear face mask/coverings unless eating or drinking when you cannot maintain social distancing.

Stagger lunch periods and breaks to allow for social distancing.

Remove or rearrange chairs and tables.

Wash or sanitize hands before and after eating or drinking.

Add visual cue marks, such as tape on the floor to support social distancing between employees.

Wipe up spills and crumbs. Disinfect high-touch surfaces of tables, chairs, counter, refrigerator handle, coffee machine, etc. daily.

For more information, please visit umass.edu/coronavirus

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**BREAK ROOM SPACE GUIDANCE:**

- Lunch and intermediate breaks should be taken with standard social distancing practices of 6 feet of separation being observed.
- Stagger lunch periods and breaks to allow for social distancing.
- Wear face mask/coverings unless eating or drinking when you cannot maintain social distancing.
- Add visual cue marks, such as tape on the floor to support social distancing between employees.
- Remove or rearrange chairs and tables.
- Wash or sanitize hands before and after eating or drinking.
- Wipe up spills and crumbs. Disinfect high-touch surfaces of tables, chairs, counter, refrigerator handle, coffee machine, etc. daily.

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**IT'S HARD, BUT IT HELPS.**