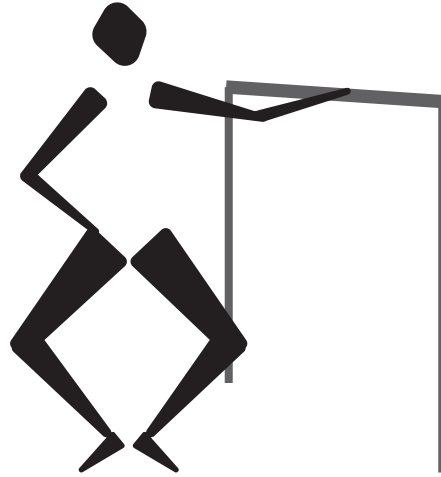


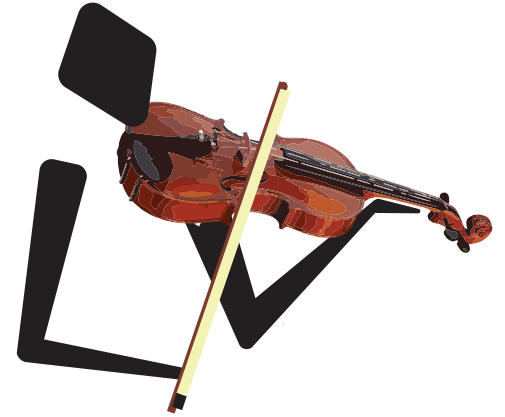
DID YOU KNOW?



Repetitive
Motions



Improper
Posture



Improper
Technique

Can lead to

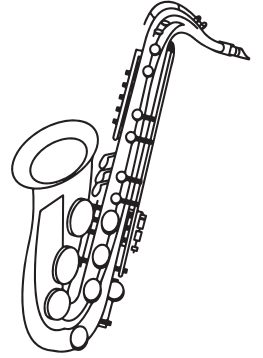
**Chronic Pain, Injuries, &
Permanent Nerve Damage.**

Practicing ergonomic safety will allow you to do what you love for a lifetime. Visit the [UMass Safety in the Fine Arts](#) page for details.



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