



**ENVIRONMENTAL HEALTH & SAFETY FACT SHEET:
FIRST AID KITS**



FIRST AID DOES NOT REPLACE PHYSICIAN'S CARE

IF EMERGENCY ASSISTANCE IS NEEDED NEVER HESITATE TO CALL 9-1-1

First aid is the help that you might give anyone who is injured or who suddenly becomes ill, before the "second aid" arrives. The second aid being First Responders, Emergency Medical Technicians, Paramedics, Doctors, etc.

A First Aid kit should be used as a primary means of aid to stem blood flow or to cover a wound to protect it from contamination.

EH&S recommends that all laboratories have a First Aid kit.

The following list of supplies is recommended in accordance with the ANSI/ISEA Z308.1-2009 standards

Item	Minimum quantity
Absorbent compress, 32 sq. in. (206 sq. cm.) with no side smaller than 4 in. (10 cm.)	1
Adhesive bandages, 1 in. x 3 in. (2.5 cm. x 7.5 cm.)	16
Adhesive tape, 3/8 in. x 2.5 yd. (2.3 m)	1
Antibiotic treatment – 0.14 oz. (0.5 g)	6
Powder free nitrile exam gloves (recommended)	2 pairs
Antiseptic, 0.14 fl. oz. (0.5g) application	10
Sterile pads, 3 in. x 3 in. (7.5 x 7.5 cm.)	4
Triangular bandage, 40 in. x 40 in. x 56 in. (101 cm. x 101 cm. x 142 cm.)	1
CPR Barrier Device (CPR Mask)	1

NO BURN OINTMENTS OR BURN CREMES SHOULD BE USED AS THEY MAY ACTUALLY HINDER MEDICAL TREATMENT

The First Aid kit should be mounted on the wall by the door where it is clearly visible.

Any injury or occupational illness must be reported to the employee's supervisor and treated at Health Services for more complete medical treatment than available through first aid kits.

IF THERE IS THE POTENTIAL FOR EXPOSURE TO HYDROFLUORIC (HF) ACID, CONTACT ENVIRONMENTAL HEALTH AND SAFETY (413-545-2682) FOR SPECIFIC PROCEDURES AND FIRST AID KIT REQUIREMENTS

Companies such as American Safety and Supply, and Fisher or Lab Safety offer a variety of First Aid kits or you can assemble one of your own.